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Contact Us

CFHA Maintenance
(928) 213-2731

East Flagstaff Housing
Jayne Wittman
Housing Services Specialist
3481 N. Fanning Dr.
Email: jwittman@flagstaffaz.gov
Phone: (928) 213-2735
Fax: (928) 526-3734
Hours: M-F from 8am - 5pm

Flagstaff Housing West
Patricia Sauers
Housing Services Specialist
1 Brannen Circle
Email: psauers@flagstaffaz.gov
Phone: (928) 779-1887
Fax: (928) 779-5801
Hours: M-F from 8am - 5pm
(closed 12pm - 1pm)

General CFHA Phone Number
(928) 213-2730

It was one
of those
March
days when the sun shines hot
and the
wind blows cold:
when it is summer in the *light,*
and winter in the
shade.

~Charles Dickens

SHAC Spring Break!

Be sure to check in with the Siler Office for updates on SHAC activities, including for Spring Break! Participating youth can look forward to possible field trips such as movies at Harkins, seeing animals at Bearizona, and picnicking up at the San Francisco Peaks!

The Siler Office will post events and schedules as they become available. Regular SHAC hours are Monday to Friday, 4-7pm and Saturdays, 10am-4pm! Spring Break hours may vary.

Free Tax Assistance!

Northland Free Tax Assistance is at the Family Resource Center to help with your taxes! Learn more and setup an appointment by contacting them at **(928) 221-4977** or **northlandfreetaxassistance@gmail.com!**

You can also get free tax assistance on Saturdays at Coconino High School, 9am- 3pm. **Call (888) 635-0545 to setup a required appointment and ask what's needed.**

FLAGSTAFF HOUSING AUTHORITY

3481 N Fanning Dr, Flagstaff, AZ 86004

(928)213-2730 FAX (928)526-3734 TTY 711



January 29, 2020

RE: Public Notice and Request for Comments-PHA Five Year Plan

The City of Flagstaff Housing Authority is developing the Five Year Public Housing Agency Plan for the period July 1, 2019 to June 30, 2024 in accordance with the Quality Housing and Work Responsibility Act of 1998.

The draft Plan is available for review at the City of Flagstaff Housing Authority, 3481 N. Fanning Drive, Flagstaff, Arizona or online at <https://www.flagstaff.az.gov/DocumentCenter/View/62965/Five-Year-Plan-2020-Draft>. The Authority's hours of operation are 8:00 a.m. to 5:00 p.m., Monday through Friday. Anyone wishing to comment on the Plan must provide written comments with name and address so responses can be provided to any and all comments. In addition a Power Point outlining the Five Year Plan and Five Year Action Plan are online at <https://www.flagstaff.az.gov/DocumentCenter/View/62966/Five-Year-Plan-Presentation>.

Comments may be submitted in writing to Kurt Aldinger, Public Housing Manager at the Flagstaff Housing Authority Office, 3481 N Fanning Dr; the Flagstaff Housing West Office, 1 Brannen Circle; or electronically to kaldinger@flagstaffaz.gov. Comments must be submitted by March 31, 2020.

In addition a Public Hearing will be held at the Flagstaff Housing Authority, 3481 N Fanning Dr Tuesday, March 24, 2020 at 5:00 PM

Persons requiring hearing, visual, language, mobility or other accommodations may contact Kurt Aldinger, Public Housing Manager, at (928) 213-2736 or TDD (928) 774-5281 at least three business days prior to the public hearing.

The City of Flagstaff Housing Authority does not discriminate on the basis of handicapped status in the admission or access to, or treatment or employment in, its federally assisted programs and activities.

Please contact the Maintenance Manager / CFHA 504 Coordinator with questions or concerns (928) 213-2753



HAI Group Resident Scholarships

Scholarship entries must be submitted online by 3pm Arizona time by Thursday, April 30. Questions? Visit housingcenter.com/scholarships or email scholarship@housingcenter.com.

HAI Group has provided scholarships to public housing and Section 8 participants since 2003. To date, they've awarded scholarships worth more than \$1.2m to over 430 residents! This year, they'll award twenty students with \$6,000 scholarships to continue their education. Students may enter to be awarded scholarships for up to four consecutive years.

Eligibility—Applicants must meet the following criteria:

1. **Enrollment:** Applicants are or will be enrolled in the fall for the 2020-2021 academic year in an accredited/ licensed technical school, accredited two-year college, accredited four-year college, or university in the United States.
2. **Residency:** Applicants must reside in a housing authority or in a property with a housing choice voucher (HCV) administered by a housing authority that is a member of Housing Authority Risk Retention Group (HARRG) or Housing Authority Property Insurance, A Mutual Company (HAPI) or resides in an affordable housing property insured by Housing Enterprise Insurance Company (HEIC). OR Individuals fulfilling the requirements in the official rules during the scholarship entry period who are declared a scholarship winner and who are in receipt of a scholarship will subsequently be exempt from the residency requirement listed above during the four-consecutive-year term of the academic scholarship period awarded, subject to all other rules and conditions.
3. **Citizenship:** Applicants must be United States citizens.
4. **Other:** Applicants must follow all other rules outlined in the official rules.

Go to housingcenter.com/scholarships-opt-in to receive correspondence and updates on the Resident Scholarship Program.

Mountain Line App & More

Do you take the bus? Well here are a few ways to make your transit easier!

- Download the FLGRide app! This free app for your smartphone will help you catch your ride, regardless of your route!
- No smartphone? No problem! At each bus stop you'll find its unique stop code. Text "MLINE ##" with the stop code in place of ## to 47711 to get an update via text for arrivals at that stop.
- Visit <https://mountainline.az.gov/trip-planner-arrivals/live-route-map/> for a live map of the bus routes.



Message and data rates may apply. For more information, text "MLINE HELP" to **47711** or "MLINE STOP" to **47711** to opt out.

Youth Employment Programs

From coconino.az.gov/130/Youth-Programs

Coconino County Health and Human Services, Career Services offers a variety of employment and education training programs for youth ages 16-21. These opportunities include: skills training, internships, leadership development, and more!

If you're a young adult between the ages of 18-21, or you know someone is, check out their Young Adult Program page at coconino.az.gov/1141/Young-Adults-Programs.

For more info, you can contact the Career Center at coconino.az.gov/1110/Contact-Us, (928) 679-7400, or by email at careercenter@coconino.az.gov.



Recipes of the Month: Espresso Cake & Pork Tenderloin

Spring is right around the corner, so let's put some pep in the recipes for March! Double or triple the mug cake recipe for a special treat for you and yours!

Cake recipe from "You Are Doing a Great Job" with image from kurryleaves.net. Tenderloin recipe is inspired by Queer Eye (2018, S1 Ep5) thanks to AtMyKitchenTable.com.

Chocolate Espresso Mug Cake

Nonstick cooking spray
3 tbsp all-purpose flour
1 tsp instant coffee powder
2 tbsp sweet cocoa
3 tbsp sugar
1/4 tsp baking powder
2 tbsp milk
1 large egg
2 tbsp vegetable oil
1/2 tsp vanilla extract
Vanilla ice cream or powdered sugar to top



Directions

1. Mist the inside of a coffee mug with spray.
2. Combine the dry ingredients in a mixing bowl.
3. Add wet ingredients and stir together with a fork until just combined.
4. Pour the batter into the mug and microwave on high until cooked through (about 90 seconds)
5. Serve with ice cream or powdered sugar. Enjoy!

Pork Tenderloin with Caramelized Onions

For Pork Tenderloins

3 pork tenderloins, silvery skin removed
1 tbsp each of fennel seed & peppercorns, roasted
1 tbsp salt, coarse 2 tbsp olive oil

Directions

1. Preheat the oven to 350 F.
2. Grind the spices or place them in a bag and pound them into a powder.
3. Pat the tenderloins dry with paper towels, then rub each with seasoning.
4. Place an ovenproof skillet or Dutch oven (use cast iron if available) on the stove over medium heat, add oil. Once hot, brown all sides of the pork.
5. Transfer browned tenderloins in skillet to the oven and roast for 30-35 minutes.
6. Remove from oven, cover loosely in foil, let cool.

For Caramelized Onions

You can prepare these while the pork roasts.

4 large yellow onions 1 medium red onion
1 & 1/2 tbsp butter 1 & 1/2 tbsp olive oil
1 tbsp sugar 4 tbsp whiskey (opt'l)
1 tsp salt (more to taste) 1/2 tsp black pepper

Directions

1. Skin, halve, and thinly slice the onions.
2. Melt butter and oil in a large skillet over medium heat. Swirl together and add the onions.
3. Continue to stir and sauté, turning the onions often until they are soft and have turned a deep caramel (10-15 minutes).
Note: This recipe calls for whiskey, which quickly cooks out. If you aren't interested in using whiskey, substitute 1 tbsp vanilla in 3 tbsp water.
4. Stir in the sugar and whiskey/vanilla and continue to cook until liquid evaporates and onions have a lacquered sheen like wet wood.
5. Set aside to cool.

For Sage Honey Mustard Dressing

3 tbsp Dijon mustard 1 tsp mustard powder
1/4 tsp turmeric 1 tsp dried crushed sage
3 garlic cloves, minced 1 tbsp honey
3/4 tsp salt (more to taste) 1/4 tsp black pepper
3 tbsp apple cider vinegar 1 tsp balsamic vinegar
7 tbsp olive oil

Directions

1. Combine all ingredients except for the olive oil in a bowl and stir vigorously (or use a food processor or blender) for a few minutes.
2. Once smooth, gradually add the oil until it is thick and smooth.
3. Taste and add salt as needed.
4. Stir more and store in the fridge.

Final Preparation

Lightly toast sourdough buns in the warm oven. Smear buns with dressing. Slice medallions (circular chunks) of the tenderloin, add onions, and top with dabs of dressing. Serve and enjoy!



Wise Words from Officer Brown

Online Resources

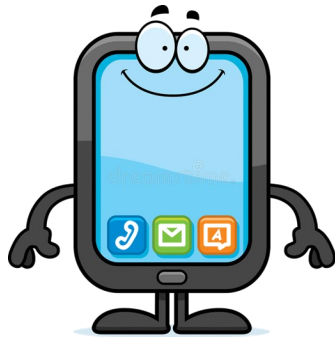


The Flagstaff Police Department has updated the services it provides online. **These services are designed for you to report an incident**

that is not in progress and the suspect is unknown. If you want to report a crime in progress or an emergency, call **9-1-1** immediately. If you want to report an incident wherein a person was injured, threatened, or otherwise placed in danger, contact the Flagstaff Police Department at **(928) 774-1414**.

The following incidents may be reported online at **flagstaff.az.gov/3925/File-An-Online-Police-Report**:

- Criminal Damage/ vandalism (not including graffiti)
- Harassing phone calls
- Lost Property
- Theft under \$1,000
- Internet, mail, phone scams



Traffic complaints may be reported online at **flagstaff.az.gov/3924/Traffic-Complaint-Form**.

These include:

- Speeding in neighborhoods
- Speeding in schools zones
- Other traffic violations

The Flagstaff Police Department also provides an E-Watch Program to help check your home, including when you're on vacation. If you're interested, you can request it at **flagstaff.az.gov/4171/E-Watch-Vacationhouse-watch**. Visit the City of Flagstaff Website for additional information.

Kids' STEAM Corner:

Spring Into Math & Science!

Spring means new plant and animal life is popping up everyday! Classic springtime activities include bird watching and listening for regional birds to arrive in your region. **The Audubon Society** has been tweeting about birds since 1905! Check out local wildlife at **northernarizonaaudubon.org/**.



[Photo from NAZ Audubon Society of Gilded and Red-Shafted Flickers]

Or look out for flowers as they sprout, grow, and blossom. Mathematical principles like the Fibonacci Sequence and Fibonacci Spiral describe the natural world.

See how math describes petals and leaves of flowers with this video, "Doodling in Math Class," **https://youtu.be/IOIP_Z_-0Hs**. Grab a protractor or make an angle-a-tron like in the video to check the angles of how plants grow leaves along their stems.

- What do you notice?
- How do the leaves grow?
- Why do the leaves grow in this pattern?

Hint: Think about the job of leaves for the plant or do some research on your own!

Curious for more? Check out part one of the Doodling in Math Class series at **<http://youtu.be/ahXIMUkSXX0>** and part two at **<http://youtu.be/14-NdQwKz9w!>**



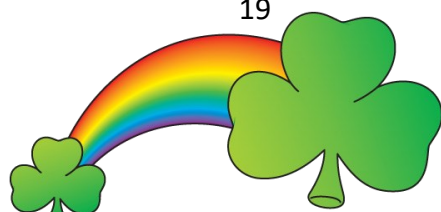




Your Story Could be Featured in Next Month's Newsletter!

If you have news of accomplishments, original artwork, poetry, community group news, recipes, or if you just want to see something specific on the next newsletter, we want to hear from you! Send Caleb your stories or suggestions and they may be featured in next month's newsletter!

Stop by the Siler Homes office, email caleb.alexander@flagstaffaz.gov, or call (928) 213-2738.

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Trash Pickup</u> Crestview and Cedar	<u>Trash Pickup</u> All Sunnyside Scattered Sites <u>Recycling Pickup</u> Brannen and Verde	<u>Trash Pickup</u> Siler, Brannen, Steves, Alta Vista, Cedar, Lockett, and Verde	<u>Recycling Pickup</u> Cedar and Crestview	<u>Recycling Pickup</u> Siler, Lockett, Alta Vista, Steves, and all Sunnyside Scattered Sites
2 <u>March Rent Due</u>	3	4  House Wren <i>Troglodytes aedon</i>	5	6
9 <u>Late fees for rent applied at 8am & late notices sent</u>	10 <u>All Week Bulky Trash Pickup:</u> Brannen Homes	11	12	13 
16 <u>Last day to turn in Recert. Packets for June by 8am</u>	17 <u>All Week Bulky Trash Pickup:</u> Crestview & Cedar	18 	19	20
23 <u>Last day to pay rent to avoid court action</u>	24 <u>All Week Bulky Trash Pickup:</u> Scattered Sites, Siler, & Greenlaw	25 <u>Last day, by 8am, to report changes for March rent decreases</u>	26	27 
30 	31	April 1 <u>April Rent Due</u>	April 2	April 3

April's Rent Dates

Late fees applied: By 8:00 am on Wednesday, April 8th

Last day to pay rent to avoid court action: By 8:00 am on Monday, April 22nd